



Mountain running & walking at its very best!

RACE Rules and Conditions

1. Entry is limited to 400 people. 50 in the Vasque Extreme Challenge and 350 across all other categories.
2. Entry is limited: Entries close 6 March 2012. From 7 March – 24 March 2012, a late entry fee of \$10 will apply to all challenges with the exception of the Junior Challenges which will incur a \$5 late fee. Late entries will be accepted on the day up to 30 minutes prior to the start of the race if places are available. A late fee for on the day registrations of \$15 will apply to all challenges with the exception of the Junior Challenges which will incur a \$10 late fee
3. Registration will be from 7.30am - 8.30am for the Bridgedale CLASSIC Challenge and the MACPAC Junior Challenge and 7.30am – 8.15am for the Vasque Extreme Challenge. You can pick up your registration pack on the day from the main registration desk at the Pavilion, Williams Park. Registration closes at 8.15am for the Vasque Extreme Challenge and 8.30am for the Bridgedale CLASSIC Challenge and the MACPAC Junior Challenge – no registrations will be handed out after these times. ALL races start and finish at the Williams Park Days Bay – Eastbourne Wellington.
4. Race brief for both walkers and runners will be held at 8.45am. Race start is 9.00am. Please note that runners, walkers and youth racers will all start at the same time.
5. First aid will be available at the start/finish and at Mt Lowry.
6. Cut off all races. All runners and walkers must reach the checkpoint at Mt Lowry in 1 ½ hours. Participants that miss the 1 ½ hour deadline to Mt Lowry may be asked to pull out of the race.
7. Cut off Vasque Extreme Challenge. To qualify for this race you must be able to make the Kereru Track / Mt. Hawtrey turn junction within **1 hour 45 minutes**. If you do not achieve this, you will be directed to take the shorter route back down to Days Bay and you will be noted as "Did Not Finish".
8. Vasque Extreme Challenge. You must carry: MACPAC base layer top and bottom or equivalent; wind breaker; hat, mittens; crepe bandage; survival blanket; at least 1 litre of water; cell phone, and a whistle. We will supply you with a route map. A gear check will be undertaken before the race brief. If you do not have the right gear for the Vasque Extreme Mt Lowry Challenge you will not be able to take part.
9. Water. There are water taps at the start/finish. You must provide for and carry your own water and refreshments.
10. Walkers. If you enter as a walker you may only walk, you may not run or jog on any part of the course. Running any part of the course will result in your disqualification.
11. Recording. All race numbers will be recorded at Mt. Lowry as well as checkpoints outlined above for the Vasque Extreme Challenge. Race times will only be recorded at the finish.
12. Youth Challenge. People in this section can run or walk
13. Race Number: Your race number must be visible at all times.
14. iPods and MP3s: For safety reasons we do not allow racers to use iPods or MP3 players whilst racing.
15. Prize-giving, including spot prizes, will be presented at the prize giving ceremony, which will be held at 12.30pm on the day of the race at Williams Park.
16. Consents. This event is run with the consent of the Greater Wellington Regional Council.
17. Race Protocol. Please note we do not have exclusive use of the tracks. Be courteous to other users including other racers.
18. Promotion. The organisers reserve the right to use your name, contact details, photograph, voice and any written feedback provided by you without payment in any capacity relating to this event.
19. If you withdraw from the race at any stage you must advise the race controller at Days Bay.
20. **ALL ROADS WILL BE OPEN.** Please note that all roads will be open during the event, including the car park at Williams Park.

[Register online at www.nzpanda.co.nz](http://www.nzpanda.co.nz)

CONDITIONS OF ENTRY

1. Participants compete at their own risk.
2. Participants must be 8 years or over. All participants under 16 will be placed in the junior section.
3. The organisers reserve the right to refuse entry to individuals they deem to be not capable of safely completing the event.
4. Participants must carry their own water / refreshment requirements as well as suitable clothing for the weather on the day.
5. Participants who encounter a fellow participant who is injured or in serious difficulty are obliged to provide help and/or support until event officials are notified and suitable assistance given.
6. The dropping of litter during the event is prohibited and may lead to disqualification.
7. Participants must obey instructions of event officials, stay to the sea wall side of the main road (Marine Drive), and stay on the tracks in the bush at all times. Failure to do so will lead to disqualification.
8. You are responsible for your own safety at all times. All roads are open so please be aware of traffic on the road at all times.
9. Neither the organisers, sponsors, Greater Wellington Regional Council, Hutt City Council, nor any party associated with the event shall have any responsibility to participants or their associates for loss or injury which may occur as part of this event.
10. In the event of extreme weather conditions where unacceptable damage to the track may occur or other factors beyond the control of the organisers, the organisers reserve the right to substitute an alternative run of similar distance. In this case the entry fee will not be refunded. If the event is cancelled entirely, the organisers will make the maximum refund possible to participants.
11. The organisers reserve the right to use your name, photograph, voice and any written feedback provided by you without payment in any capacity relating to this event.

CANCELLATION POLICY

1. All prices are in \$NZ.
2. All cancellations must be advised in writing
3. No refunds will be made for cancellations advised 21 days or less before the race. If cancellation is requested prior to this, the race fee less a \$20 administration fee will be refunded.
4. In the event of extreme weather conditions, where unacceptable damage to the track may occur or other factors beyond the control of the organisers, the organisers reserve the right to substitute an alternative run of similar distance. In this case the entry fee will not be refunded. If the event is cancelled entirely, the organisers will make the maximum refund possible to participants. Any refund in this circumstance is at the discretion of the organisers.

PRIVACY AND EMAIL POLICY

1. Your personal information will not be shared with other parties.
2. However, the organisers reserve the right to use your name, photograph, voice and any written feedback provided by you without payment in any capacity relating to this event. Results of the event will be posted on the race website.
3. By registering for this event you give permission for your name to be added to our Adventure Racing promotional database. From time to time you will be emailed newsletters about Adventure Racing. If at any time you wish to stop receiving these newsletters, you can do so by using the unsubscribe function in the email.

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ENTRY TERMS AND CONDITIONS

1. Entry into the event acknowledges that I have read and agree to the race information, rules, and conditions of entry.
2. I acknowledge that there is a degree of risk related to the event and understand that I participate at my own risk. I confirm that I have trained sufficiently for the category that I have registered for.
3. I have read the Cancellation Policy and I agree to pay the event fees and accept that these fees may be non-refundable.
4. I agree to follow the instructions of the Mt Lowry Challenge organisers and race officials.
5. I assume full responsibility for my personal possessions and equipment that I bring to this event.
6. I have read and agree to the Privacy Policy.

MT LOWRY CHALLENGE DISCLAIMER

On acceptance of my entry, I hereby agree to the exclusion of liability to the event, event directors, officers, contractors, sponsors, volunteer groups, landowners, and individuals from all claims for injuries and or damage (whether fatal or otherwise) I may suffer from participation in this event. I also release and forever discharge the above groups from all actions, suits, proceedings, claims, demands, penalties and fines that may arise from my participation in this event. I agree to comply with the rules and conditions of the Mt Lowry Challenge and intend competing entirely at my own risk.

Entry into the event acknowledges that you have read and accept these conditions of entry.

For more information contact:
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